

Healthy-Baby,-Healthy You

Join us for a 3-week small group class. Learn:

1. How to reduce the risk of SIDS
2. What is safe and what isn't
3. About mom's health

STARTS: Thursday, January 17, 2019

TIME: 1:00 - 2:30 pm

WHERE: ABC Life Choices
501 Frontage Road in Kenai (next to Dan's TV)

CALL US: 283-9062 to sign up or for more information

